



window onwakefield News

Community News for the Wakefield Area

Toy Library Re-Opening by Charlotte Thynne

The Wakefield Community Toy Library has now reopened in the Old Library Building opposite the school on Edward Street, what a delight!

We had a fabulous reopening celebration with local councillors, Toy Library members and different users of the building from years gone by.

Yo Tye walked us through the fascinating history of the building and everyone enjoyed cake whilst the children celebrated with balloons and face painting, and of course, THE TOYS!!!

We have an incredible range of toys and are always looking to purchase more.

We have a real community feel to our Library, we just want the toys in our collection to be used and to bring joy and learning to tamariki and whanau.

So please pop in and see if it might be for you.

We have toys for young children as well as older children, a lot of new boards games, puzzles, complex construction toys, imaginary play and so much more!

The Toy Library really is for everybody!

We are open on Mondays 3:15-4:30 and Saturdays 10:00-11:00.

We are always looking for ways to support our community to access the Toy Library however so if your family or children have specific access needs please email us on wakefieldtoylibrary@gmail.com.











WINDOW ON WAKEFIELD

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Content...

Window on Wakefield is a community newspaper, and as such, we look forward to having articles and content contributed by our community. If you wish to submit a one off article, or suggest some regular content, please make contact with Sonia on 541 9005 or email windowonwakefield@gmail.com and read the Terms and Conditions below.

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Jill O'Brien

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NEXT EDITION

We do out best to have it out the first full week of each month All Advertising to be submitted by the 20th of the Month prior All Content to be submitted by the **23rd** of the Month prior For Advertising please contact Promote You 027 306 4237

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The Big Bake Up

by Melissa Woodhouse

Thank you to those in our community who responded to our recent post on the community Facebook page looking for volunteers keen to join our team. We had a great response and as a result, enjoyed the company of a few new faces at our recent cookup.

This month we have made bangers & mash, mexican beef bowls, pumpkin soup with croutons along with our favourite fruit crumbles.

Thanks to the Menzshed Waimea for the recent addition of two long-handled wooden pot stirrers. Our thanks also to Nick from Chur Bol BBQ for his generous donation of beef brisket for our cook-up. We have also received donations this month of meat and vege produce from the community which helps us immensely.

Our business sponsor for this month is Nathan Dunn Real Estate.

Have you received any goodies from the Wakefield Community Pantry? Currently, we have a stand that is located at the side of the Wakefield Village Hall. We load fresh produce on the stand over the weekends and the community is now contributing to this during the week. We are looking forward to having a bigger and brighter stand available soon...

This month we held a Silky Otter movie fundraiser, screening Wicked Little Letters. We managed to sell 41 tickets which helped us to raise just over \$500. We are already planning our next movie night before the end of the year.

We now have an account at the Four Square Wakefield. Our care parcels, that we deliver daily include a couple of meals, a dessert, and some baking. We often include a wee bottle of cream for the crumble or some nice fancy bread for the meal. At times, we need a last minute item for our cook-up and it's very handy having our Four Square so close by. If you are keen to support the work we do, you can now pop into the Four Square Wakefield and place a donation on our shop account. Ask the staff they will be happy to help you.

To nominate someone you know or to ask for assistance yourself, please email or phone the number below. We are here to help.

Follow us on facebook or Instagram www.thebigbakeup.com
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Phone 0272099309

Photo from left to right: Linda Rowland, Tony Manson, Ami Vora, Catherine Newmarch, Jacynta Bartels, Jo Asomua-Gardiner, Jo Lewis, Lynda Hanna.



Faulkner Bush Play Space

by Julian Eggers

In early July, the transformation of Faulkner Bush play space will begin with the commencement of stage 1 construction. The current play area will soon be inaccessible as the project takes shape, with the exception of the beloved flying fox, which will remain. This initiative marks an exciting milestone for our community, promising new adventures and enhanced recreational opportunities. As we embark on this journey, we kindly ask everyone to respect the work site for safety reasons. An official opening for stage 1 will be announced closer to its completion date, inviting all to celebrate this milestone together. For any questions, concerns, or comments regarding the Faulkner Bush play space project, please reach out to us via email at faulknerbushplayspace@gmail.com.





Wakefield Kindy

by Maretta Burbidge

Another month has whizzed by and at Wakefield Kindy we have had a fantastic few weeks. A highlight for us was visiting the local fire brigade. We had the most informative visit where we learnt about the different jobs the fire fighters do and their special clothing and equipment.

We had turns to squirt the water, roll up the hose and explore the inside of a fire engine. We talked about how fire alarms work and what to do if we are ever caught in a fire. Thank you to the fabulous fire fighters who gave up their time to share this experience with us and for helping to keep us all safe.

We have still been getting outside to enjoy the playground and the fresh air, even though we have had a few frosts and some rain. We dress according to the weather and make the most of the sunny days Nelson is known to enjoy after a crisp start to the day. Puddle stomping in our gumboots is a favourite and fun way to play.

To support two children in our community whom we know, we recently had a special 'blue' dress up day to support the Rare Chromosome Disorder Awareness Day.

Wakefield Village Kindergarten caters for children from 2 years old in a play-based environment.

We are currently taking enrolments for 2025 so pop in for a visit if you are looking for a space for your special little person – we offer 18 hours free* for 2-year-olds and 30 hours free* for 3–5-year-olds (T&C apply). You can find us at 20 Whitby Way, next to the Villa Café.













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for an article or
something you have written
that you would like to
submit?

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Wakefield Fire Brigade

by Dot Ashton

Every year, as temperatures drop, we see a significant increase in the number of house fires.

Over the last 10 years, we have observed a 54% increase in heat source related house fires we've responded to in May-July compared to the rest of the year. The majority of these are caused by or related to the increased use of heat sources in winter, such as heaters, chimneys, ash disposal, electric blankets and dryers.

Encouragingly, heat source related house fires have decreased by 7% in the past three years (compared with the prior six years).

Dryers

That lint in your dryer's filter? It's a fire waiting to happen. Remove it before every use to remove the risk. REMEMBER: A CLEAN DRYER AVOIDS FIRE

Hot ashes

Fireplace ash holds heat for up to five days and can spark new fires. Always soak it with water in a metal bucket before binning it. REMEMBER: COOL ASH BEFORE YOU STASH

Callouts for June:

Medical x 16 Smoke in area x 1 Motor vehicle crash x 2 Alarm activation x 1 **Total for the year : 122**







WAKEFIELDQUARRY

Drainage metal: Hard fill: Basecourse 70mm: Topcourse 40mm & 20mm

Landscape rock: Lime

Sorry no more trailers or utes may be loaded because of the safety risk.

We do have a 2.5t tiptruck available.



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Waimea South Historical Society

by Yo Tye, Secretary

On 28th May Councillor Christeen Mackenzie was our guest speaker to talk on the subject of our society's relationship with the Tasman District Council and how the fast tracking of resource consents will impact on the future development of the Waimea South District considering there is no Heritage Advisor within the TDC.

Christeen began by acknowledging the work of fellow TDC Councillors and our Historical Society who coordinated in order for the renovation of the 1912 Wakefield Public Library building to take place. The re-opening is due to take place on 8th June and a new picket fence is being installed to complete the project.

Likewise Belfit Lane, named after Mr Belfit who had a saddlery business there in days gone by, was able to have a new sign installed, again thanks to coordination between the TDC and the Historical Society.

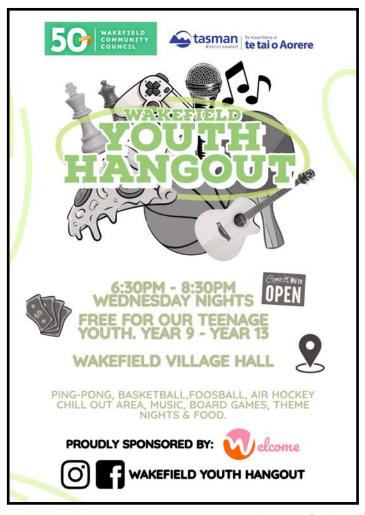
On the subject of the proposed new Community Hub, having reiterated that the current Community Hall does not meet current earthquake standards and therefore must be replaced, Christeen can envisage the foyer of the new hub as being an ideal place to display historic photos of Wakefield of which the Historic Society has a collection of.

On the subject of 'Fast Tracking', Christeen informed us that the current Government is super-charging the previous Government's Fast Track Bill that had already been approved. However this sped-up process, called the Fast Track Approvals Bill, means that some departments have had to widen their scope and take over pieces of legislation from other Government Departments and that all applications have to go to the joint Government Ministers for Infrastructure, Transport and Reginal Development namely Chris Bishop, Simeon Brown and Shane Jones, leaving local Government with limited involvement, which has left many community groups feeling disempowered. The new legislation allows these Ministers to approve projects that had previously been denied by Courts of Law or were protected by conservation orders. The TDC has made a submission against this Bill.

Christeen advised our society that our submission to the TDC's 10 year plan suggesting the addition of a Heritage Advisor to the TDC was unsuccessful. However she pointed out that the TDC wishes to avoid further loss of Cultural Heritage and announced its readiness to work with the Historical Society in order to identify heritage buildings, places and spaces, and will arrange for our Society to make a presentation to the TDC. This will enable us to outline our aspirations for the next five years.

She pointed out that TDC have made grants to Sarah Arnold's Post Memory Project and Bo Hensley's Wakefield Self-Guided Walking and Discovering Wakefield Maps projects. Both of these projects highlight the heritage value of Wakefield and the surrounding district.

Christeen was thanked for her presentation which was enjoyed by all.





Town and Country Vet

by Brenda Halliwell, Vet

This month a refresher on horses. Horses are unusual from a veterinary viewpoint because they are not really a pet or a production animal, and they are also quite unique in how they respond to illness, injuries and stress. However like most animals, if owners focus on preventative health and wellness, a lot of problems can be avoided.

Worm Control

Drenching - this should be based on doing Faecal Egg Counts rather than habit or routine. This ensures a horse is drenched when it really needs to be and helps to slow down the development of drench resistance. The aim of drenching horses under three years old is to prevent clinical disease including ill-thrift, diarrhea and colic. Older horses are less likely to be sick with worms but will contaminate pasture with worm eggs which reinfect young stock. To do a Faecal Egg Count, simply drop off a fresh poo sample to the clinic and we can do it for you. We can also check if your drench is working by doing a Faecal Egg Count before and after drenching.

Feed management – Cross grazing paddocks with other species such as sheep and cattle reduces exposure to worm eggs in the grass and reduces drenching requirements. Twice weekly poo pickup will also reduce pasture contamination. Supplementary foods such as hay should be fed up off the ground or in buckets to reduce exposure to worm eggs.

Quarantine – all incoming horses should be drenched and kept in quarantine for a couple of days before being allowed out onto pasture.

Selenium Supplementation

Horses are often deficient in selenium because our soil is selenium deficient. We advise an annual blood test to check selenium levels then supplement as necessary. Most horses have a daily or weekly selenium dose given orally. It is not safe to guess as horses can also get selenium toxicity if overdosed.

Teeth

Dental disease is not only painful but affects your horse's ability to eat/chew properly which affects their condition and performance. Symptoms of dental disease in horses include shaking/tossing/tilting of the head, poor response to the bit, poor transitions, chewing the bit, dropping food, poor body condition, bad breath, nasal discharge, colic and choke. We recommend a thorough annual dental exam done under sedation to avoid these problems. When horses' teeth are examined regularly from a young age, we can prevent common dental issues such as abnormal wear, sharp points, ulcers, fractured teeth and periodontal disease (which can lead to heart, liver and kidney disease).



We have a purpose-built facility in Haycock Road for examining horses and performing dental procedures. It is important that dentistry and extractions are pain-free and stress-free - we achieve this by using appropriate sedation and local anaesthetic or nerve blocks as required.



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HOURS:

Monday 8.30 – 5.00 with Brenda consulting all day

Tuesday 8.30 – 5.00 with Brenda - morning consults only

Wednesday 8.30 – 12 Nurse only

Thursday 8.30 – 5.00 with Paula – morning consults only

Friday 8.30 – 12.00 Nurse only

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Tetanus

Horses are the most susceptible domestic animal to tetanus. It is caused by specific bacteria in the soil and horses are exposed through wounds, hoof abscesses/injuries and ulcers in the gut. It is very difficult to treat so is usually fatal.

However, prevention is very easy. Horses should have a course of two tetanus vaccinations one month apart, then another one a year later, then one every three years. Broodmares should be vaccinated every year so their foal is protected from birth by antibodies in the milk. If the mare is not vaccinated, the foal will require a tetanus anti-toxin injection soon after birth.

Grooming and Feet

Good grooming (as well as good nutrition and deworming) will help maintain a warm coat. Don't underestimate the importance of regular brushing. A dirty matted coat loses much of its ability to insulate. Hooves may need extra attention during winter. Regular hoof picking will help prevent thrush.



In the Bush

Reporting In

Our June Maintenance saw us heading back to the Robson's Scenic Reserve, thankfully the weather was fabulous, with a great team turn out. Our team members paired up, to tackle the mammoth task of checking ALL of our plantings; making sure those that needed to stay in protectors, got their canes checked for stability and also protectors replaced where necessary. Freeing up some of the bigger plants to stand alone, while also making sure they were not competing with weeds for their much needed moisture.

Sadly we have lost approx 60-70 trees along the northern face of the lower paddock area. A first for us, as even some of the most hardy had perished. However with some experts on hand and checking the soil etc, simply not enough water was the isssue. And many of us can relate to this with our own land and gardens. We left the canes visible so we can go back and infill and with the kind extra donations of native plants from both Steve Hammond and more recentlly Ti Kouka (NZ Cabbage Trees) from Chrissie & Gary Cleary, we are delighted to be able to replace these. Also to have extra's for doing some companion planting i.e. groves of Kowhai and cabbage trees etc.

The society also decided (after also checking the Faulkner Bush Scenic Reserve and The Edward Baigent Memorial Scenic Reserve) that we would delay our plantings until the soil in each had a good rain wetting. SO all going well we will get our 200+ trees planted over the month of July.

Again sincere thanks to those folks who have been donating to our Society funds, to enable us to keep doing the very best maintenance that we can over those three Scenic Reserves.

Our incoming committee will be looking at progressing a Society 3-5 year "working" plan for each Scenic Reserve, which will give us continuity of flow and hopefully avoid duplication with the paid maintenace contracts of the Tasman District Council Reserves Department. Love to hear from you if you have any ideas/suggestions, that I can present to the committee.

Very pleased that the bird article for this month is the Fantail, we always have so many following us around, during any of our maintanance or planting days. We often comment that they are "checking on us", however more to my mind their appreciation of the insects we disturb for them.

LOVE FOR YOU TO JOIN US – 2nd Saturday of EACH MONTH Kind regards Evie-joy South, and the volunteer team. The Wakefield Bush Restoration Soc (2000) Inc – Phone or Txt 027 907 2879 Landline 03 541 8980 Or Email tuiville@xtra.co.nz



Birds Around our Bush - an article by the Late Doug South

BIRDS IN OUR BUSH - FANTAIL

"Flycatcher" Rhipidura fuligionosa.

Maori Names: Hiwaiwaka, Tirairaki & Tiwakawaka- there are 16 other dialectal Maori names for the fantail, many of which denote the restlessness of this little bird. Tiwakawaka has the meaning "flitting about" or to turn over and over. It also describes a restless person. He tou titakataka – someone who cannot stand still for a moment. (That would pretty much describe all of our volunteers!)

This little bird's colour phase can be pied or black, with the black phase occurring in 12 to 25 percent of South Island birds and less than one percent in North Island birds. It lives almost everywhere there are trees from the coast to the mountain forest and feeds only on insects. They will actually enter a house to chase insects, one superstition is that if a black fantail enters a house it was a sign of death and was chased out very quickly.

It begins breeding in its first year from September to January and raises three to four broods. The nest is to be found firmly attached to outer branches of trees or scrubs between three to ten metres above the ground and made from grass, moss, twigs and rootlets,

bound together with cobwebs and lined with hair or fibre, especially tree-fern fibre. Truly works of art.

Both sexes build the nest, incubate the eggs and feed the young, three to four eggs are laid, incubation takes 15 days; fledging a further 15 days.

While still feeding the flying young, they will start building their next nest, the same nest is rarely used twice. They are very territorial during the breeding season and will snap their bills at any intruding birds.



Friends of the Trail

BEFORE

Services of the servic

<u>ाग्राच</u>3

by Julian Eggers

Saturday 22nd June held our second working bee on the Pigeon Valley section of the Great Taste Trail. We worked on the rest stop area with the shelter. With four individuals on weedeaters, we extend our heartfelt gratitude to Richard, Matt, Peter and Julian – you are all truly legends. Together, we achieved a great deal and are eagerly looking forward to continuing our mission.

This collaboration between the Great Taste Trail Trust and the Wakefield Community Council shows our commitment to maintaining our portion of the Great Taste Trail.

Would you like to participate in our next working bee? Stay tuned as we aim to organize half-day sessions once a month.





Our next working bees in July; Tree planting and Weedeating and tidying up.

Community working together for the community. Tasman's Great Taste Trail

For more information or questions please email eggers213@gmail.com.

Wakefield Playcentre

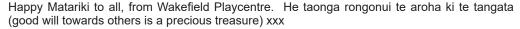
by Charlotte Thynne

Happy Matariki!!

What a wonderful time of the year! At Wakefield Playcentre we have celebrated Matariki by connecting with our local awa (river) and looking after our local manu (birds) as well as linking the Matariki stars into our areas of play and discussions on session.

We already have a regular trip to Baigents Reserve to enjoy exploring the river and native bush and to support our tamariki to develop strong connections to their local environment and through this a sense of belonging. Over Matariki we utilised the BBQ at Baigents Reserve so our tamariki and whanau could enjoy a hot sausage together after the cold of the river. We are really so lucky to have this incredible space in our village for us all to enjoy.

To look after the local manu our tamariki made bird feeders with pine cones, peanut butter and seeds and hung them from the trees around our Centre. Parents also got creative and designed wee baskets to hold paua shells which could then be filled with left over fruit and hung in the trees. This was a wonderful activity to do with our tamariki and they are now delighting in watching the birds get a winter feed.













Window On Wakefield Issue 136 July 2024

Wakefield School

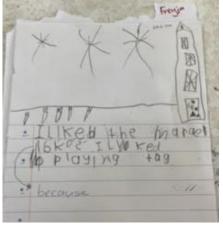
by Paula Rowland

Wakefield School Visits Whakatu Marae - 18th & 19th June

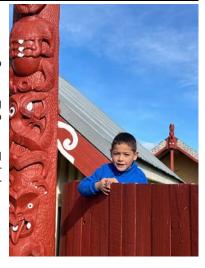
Wakefield School students had a special event on 18th and 19th June. The school was split into two groups, and visited the Whakatu Marae, travelling by bus.

The Piwakawaka children (New Entrant and Year 1's) were very excited. We had been practising the songs we would sing at the powhiri and we had been learning about tikanga (the right way to behave on the Marae.)

We went on Wednesday. The bus trip was fun - lots to see from up high. We arrived and waited quietly, to be called onto the Marae by the Tangata Whenua. Then we remembered to take our shoes off before we went into the Wharenui. We listened quietly to the speeches and sang our songs.

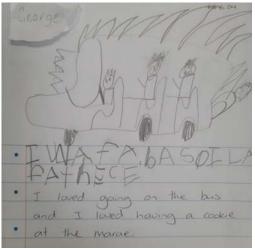






After the powhiri finished we shared kai together in the wharekai. We stayed the whole day, doing lots of activities. We drew and shared stories and games. Then we got back on the bus, returning to school before home time.

It was a great trip.











Window On Wakefield Issue 136 July 2024







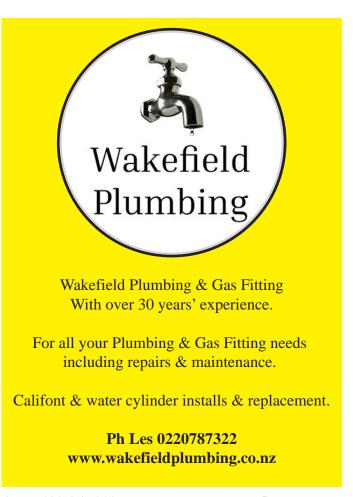
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Tuesday: 9 July and 6 August Coffee and a Chat At The Villa in Wakefield 9.45am

Tuesday 23 July 2024 9.45am-11am

Speaker Local Historians Kathleen, Margaret and Yo

Time Tunnel - a journey back in time to meet three of our pioneers

Venue: Wakefield Fire Brigade, Pigeon Valley Road, Wakefield

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Willow Bank Heritage Village

We are VERY excited to introduce High Tea to our usual offerings at Willow Bank Heritage Village.

We've done some trials with our lovely community, and are now ready for our first High Tea!

Our High Tea service will be available on select dates, which we announce in advance.

Our High Tea includes:

- · A delicious selection of sweets + savouries.
- · Home-made and locally sourced varieties of tea.
- Coffee brewed in our restored 100 year old espresso machine.
- Option to dress up for a more immersive historical experience.
- · Come a bit earlier to explore our "Living Museum"

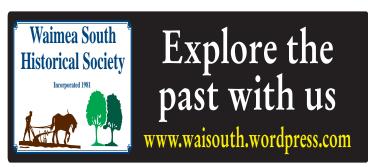
Bookings are essential - as we do have limited spaces available.

Book now, for a beautiful High Tea experience, right here in Wakefield!

More info + Booking form here https://www.willowbankwakefield.co.nz/high-tea-at-willow-bank/

Feel free to message us if you have any questions at info@willowbankwakefield.co.nz

Or Willow Bank Heritage Village Facebook page.





Wakefield Youth Hangout

by Julian Eggers

What a night we had.

Bouncy good time with the Bouncy boxing, Gladiator Ring and the Sumo wrestling. 23 teenage youth enjoyed two hours of intense fun. Big ups to Blast Hire Nelson for the support and willingness to bring this awesome gear out to Wakefield for our Wakefield teenage youth. We also had spiders to cool off half way through as it was hot fighting it out in the rings.

Everyone had a great time and making opportunities like this for our teenage youth is very rewarding. Smiles all around.

THANK YOU Macey, Luke and the Aquatic Centre team for the incredible support with getting us to and from the pool and making the pools happen. The interaction and enthusiasm with the youth was awesome. On behalf of the Wakefield Youth Hangout, THANK U. You guys are legends Richmond Aquatic Centre.

Last night the Wakefield Youth Hangout reached out onto Richmond to go to the Aquatic Centre. It was an epic night. We had 11 teenage youth that had a splash at the pools for 1.5 hours. The spa pool was a great way to end the night. Great to make these opportunities for our Wakefield teenage youth.

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Wakefield Youth Hangout Movie Night We had 26 youth attend the hangout tonight. All loved the ice cream sundaes. Thank you Alice and Melissa for helping out.

Any questions, keen to help or support please email us on; wakefieldyouthhang@gmail.com







Wednesday Wheelers

by Gowan Simpson

Wednesday mornings usually see us joining biking friends for a couple of hours biking when the weather is fine.

There are usually about 10 or 12 of us, all with e-bikes.

Last Wednesday we began at Faulkner's Bush, crossed into Pigeon Valley Road and then joined the Great Taste Trail, following it until just past the Belgrove Hotel.

Here we diverged off up Wai-iti Valley in order to have our morning coffee stop at Redstone Golf Club cafe.

This is such a pleasant place to enjoy coffee and muffins.

Once again Bo and Norman made us very welcome and it was with reluctance that we said farewell to continue down the valley to 88 Valley Road and back to Wakefield, all in all about 40km biking.

Thank you once again to Bo and Norman for a very pleasant break. We'll be back.





027 299 0342 www.smokenandspits.com





Since April 2024, The Little Sprig in Wakefield has raised \$5,684 for various organizations through our Tuesday night quiz evenings.

All are welcome

COMMUNITY COUNCIL

A heartfelt thanks to our quiz master, Ryan Edwards, for the fun and laughter he brings.

We appreciate the community's incredible support and invite everyone to join us for more trivia fun and to support our business.

Thank you for being part of this journey!

Warm regards,

The Staff
The Little Sprig Wakefield













Benefits of Home Based ECE

by Gemma and Mandy, Nurture at Home

The Benefits of Home-based Early Childhood Education

When choosing an early childhood education provider for your children, it can often be a difficult and overwhelming process for many parents. We all want the very best for our children in terms of happiness and education so how do we make the decision? Many ask what exactly does home-based education involve and why choose it?

Home-based education is quantified and monitored as is every other early childhood education service that is licensed by the Ministry of Education. It is required to meet safety standards, training standards and provide a quality curriculum based on Te Whāriki, our early childhood curriculum, just like any other licensed education service; however, that is where the similarity ends, and the true benefits of home-based education begin to sing out.

In home-based education each child will be in a ratio of one kaiako (educator) to four children in their home-based environment. In addition to this, each educator is supported by a visiting teacher trained to support and assist with planning and implementing a learning curriculum based on authentic knowledge of each child, including their needs and interests.

Each educator's home-based service has access to regular large group settings of planned learning activities where each child's learning is boosted by interacting and playing alongside other children (and educators), both older and younger than themselves.

Home-based learning fosters experiential learning, which means being out and about in the community, experiencing nature, the environment and opportunities that children in typical early childhood spaces cannot experience regularly. Imagine the magic of a child experiencing through all their senses the learning that nature can bring, building connections with their community and the time to become themselves in their truest sense.

It is not questioned that research has shown that children with a strong sense of attachment and security in their learning setting will blossom. Feeling secure and building strong attachment in a smaller child to teacher ratio means children will not be stressed during their day of

learning and therefore can optimize strong brain connections that assist academic development.

Having the variety of experiences that occur in a home-based learning environment means that children's learning styles and needs can be adapted for, allowing learning to be optimized rather than each child being forced to conform to conventional methods best decided on economy of dealing with large groups rather than individual needs.

Learning to coexist with others is an important skill set that every child must learn. In home-based education, children learn to navigate relationships in their smaller setting before adapting those skills to larger group activities.

There are many kaiako surrounding each child within the home-based community which becomes like an extended whānau or family, establishing this wonderful sense of whanaungatanga or community environment that allows relief care and transitions between care environments to happen in a remarkably happy way.

Learning environments are peaceful where children have space to explore, imagine, investigate, discover and be joyful in a way that once you have a taste of, either as a teacher or as a child, you can never go back to center-based or kindergarten-based education and care. You are won over and entranced at this magic way of learning, being and doing.

Home-Based Education! The question is not 'should you do it'; but rather, 'why are you not already part of this inspirational way of learning'?









Wakefield Health Centre

by Dr Kim Hurlow

As we head into winter, we are keeping very busy dealing with lots of viral infections - so the efficiency of our systems are being pushed to the max. (If you have a virus please rest up and we hope you recover well! Call us if you are unsure if you need to be seen).

The added need for appointments puts pressure on an already stretched system and this means that an available non-urgent appointment with your own GP can end up being 2-3 weeks away.

We know that some things are urgent, and we will be able to see you sooner if needed, also some things are not urgent but maybe still cannot wait for three weeks and so sometimes you will have to see another GP to have a sooner appointment. Needs must right?

While we encourage you (and try to help you) to see your own GP wherever possible, there are some appointments where this is more



Wakefield Health Centre

Surgery hours:

Monday to Friday 8.30am – 5:30pm

Wednesday 8.30am – 7pm

Phone 541 8911 12 Edward St Wakefield

important. If you can remember to book these ahead of time you will be able to see your own GP, which is better for everyone!

- 1 Appointments to get your medication these are best done with your own GP. If you are going to run out in the meantime, we can do a script earlier, so you do not run out before your appointment. Ideally, if you book in advance, you would not need this though, and any new medications will line up nicely with the current ones.
- 2 DRIVERS MEDICALS we are seeing an increase in demand for these (We see you coming baby boomers!). Driver's medicals are supposed to be done by someone who knows your medical history (your own GP), which makes it an easier process for you and the GP. Also, seeing your own GP, you are more likely to be cleared for driving without further investigations. This is particularly important for those with several medical conditions. You will need a drivers medical to renew your licence before your 75th and 80th birthdays and two yearly after that. If you book an appointment 4-6 weeks prior to your birthday you will have plenty of time to take the forms into AA at the TDC.
- 3 If you have a complex medical history or condition. If you see an unfamiliar GP, you are going to spend most of your 15 minute appointment trying to cover things that would be known to your normal GP. This leaves very little time to deal with other issues or even make any progress on dealing with the main ones and can be stressful for you and the doctor. If you need an appointment before one is available talk to one of our nurses who will be able to see if your GP is able to see you or if it would be suitable for you to see another available GP.

URGENT APPOINTMENTS - if you are unwell and need an urgent appointment (today or tomorrow) or semi urgent (in the next week) you will still be able to be seen, you will just need to speak to a nurse about when we can fit you in. Ideally, call in the morning and you will be put on a list for a nurse or Doctor to call and help you, including booking you an urgent appointment if needed. Remember to keep your phone with you for the call back.

Do let us know if you have any infective symptoms as we will try to give you somewhere else to wait to avoid infecting others. We are doing our best to keep you and our staff from getting sick here! Thanks for your patience through this busy time and please treat our staff kindly.







"...for all creatures great & small..."

HOURS:

Monday 8.30 – 5.00 with Brenda consulting all day

Tuesday 8.30 – 5.00 with Brenda - morning consults only

Wednesday 8.30 – 12 Nurse only

Thursday 8.30 – 5.00 with Paula – morning consults only Friday 8.30 – 12.00 Nurse only

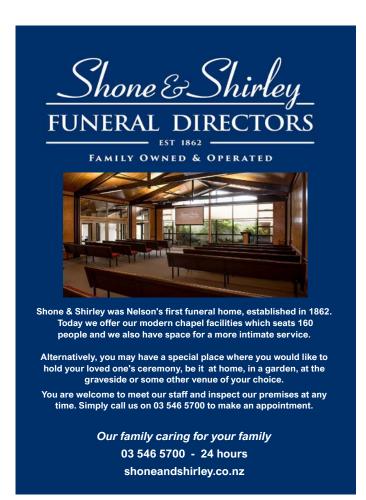
Ph 541 8974

info@tcvet.co.nz * www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond

f

544 1200 24 hours





Visiting Wakefield Health Centre fortnightly



Call: 03 526 8221

Email: ed@edthynnehearing.co.nz Web: edthynnehearing.co.nz



Community Notices



PASSENGER

TAPAWERA TO MOTUEKA, WAKEFIELD, RICHMOND

Tapawera Transport Trial Routes - Winter Schedule

Weekly on Tuesdays - Tapawera - Richmond - Return route

9.30am Depart Tapawera Community Centre
9.40am Pick up from Kohatu Flat Rock Café (park your vehicle by War

Memorial not Café) 10.00am Pick up Wakefield by Village Hall

10.30am Drop off by TDC for eBus connections and the Mall, Richmond

10.45am Drop off Richmond Aquatic Centre 2.00pm Pick up Sundial Square, Richmond

3.00pm Return Tapawera (pickups/drop offs at Kohatu & Wakefield en route

as booked)

For passengers, Richmond Aquatic Centre is kindly offering discounted casual pool entry for \$4 or casual gym entry for \$10 which includes swim. Also discounted coffee prices!

Weekly on Wednesdays - Tapawera - Motueka - Return route

9.30am Depart Tapawera Community Centre 9.45am Pick up from Woodstock (by bridge)

10.30am Drop off by Motueka Library, Wallace Street
12.50pm Drop off at Rec Centre for Kickstart Programme** (1-2pm)

2.00pm Pick up Motueka Library
 2.10pm Pick up Rec Centre (as necessary)
 3.00pm Return Tapawera (pickups/drop offs at Woodstock en route as

booked)

Nelson Bays Primary Health is offering an 8 week course on wellbeing called 'Kickstart' from 1-2pm on Wednesdays at the Recreation Centre for \$3 a session. Call 0800 731 317 for details

Tickets - \$6 One-way - \$12 Return. Volunteer Drivers do not handle cash
PAYMENT IN ADVANCE You must call and pay for your seat Motueka ISite 03 528 6543

We will be reviewing this trial at the beginning of June with the Trust, passengers, drivers and other stakeholders, to determine what we do after June

Tapawera Transport Trial - Courtesy of the Trust's small, hybrid, 6 seater, Wakefield Bus and Tapawera-based volunteers, offering a weekly transport service to both Motueka and Richmond for the winter months. We are grateful to Tasman District Council for financial support to the Trust and to Richmond Aquatic Centre for discounted prices and driver support.

ADAPTIVE RESILIENCE SOLUTIONS

by Anna Naygrow

In April, Adaptive Resilience Solutions organised our first Rural Resilience Expo at Higgins Heritage Park.

The event brought together emergency response organisations and experts from across the region to answer questions and empower our community.

Wakefield, like many other small communities, currently lacks a comprehensive emergency response plan.

With the increasing frequency of natural disasters, it's clear that the best way to protect our loved ones and neighbors is through being oroactive rather than reactive.

Adaptive Resilience Solutions aims to develop and implement an up-to-date emergency response plan for our community. We believe in the power of community engagement and want you to oin us in updating our community's plan.

Whether you can contribute knowledge, energy, or help spread the message, your involvement is welcomed.

Wakefield has always been a community that comes together in times of need. Now, we have an opportunity to set the gold standard for community resilience.

Join us for our first open community meeting on the 2nd of July at 6:30-8:00 at the Wakefield Fire Station or email us AdaptiveResilienceSolutions@gnail.com



Heather and Stuart Watts "Rural mail deliverers extraordinaire" in Wakefield and surrounds from 1974 to 2007

Come and hear of their adventures, and about what used to be!!





You are welcome to come along to the **Holy Trinity Hall, 27 Dorset St** Richmond on July 23rd at 1.30pm Ph 021 542 338

Spring Grove Church of Christ

Main Road, Spring Grove **Worship and Communion Sundays 10am** You are welcome to attend

"You are complete in Christ"

"and you have been given fullness in Christ, who is the head over every power and authority"

Colossians Ch 2 V 10 NIV



Community Classifieds

FOR SALE

Metal Bunks \$150 Ph 021 0817 9481 April

WANTED

Old straw or hay for mulching. Prefer straw, organic and baled, near Wakefield, but will consider all. We can uplift. Phone 03 541 8832.

FOR SALE

Bikes - ladies and Mens, Avanti and Merida brand. Barely used, still have receipts. Both have 21 gears. \$600 each [RRP \$1200]

Bike Rack \$60

Ph 03 541 8363

WAKEFIELD COMMUNITY COUNCIL

51st Annual General Meeting

Monday 15th July, 7pm

Wakefield Village Hall

All are welcome

MEALS ON WHEELS - DRIVERS WANTED

Do you have a little time to volunteer in our community? Do you have a car?

If so, how about joining our team to deliver Meals on Wheels to elderly and unwell folks.

Meals are picked up from The Homestead Rest Home in Wakefield at about 11am, and delivery takes approx 1 1/2 - 2 hours.

> We need someone to do alternate Fridays, and also would like more relief drivers to be on call.

If this sounds like something you would be keen to do, please phone Heather 541 8151 or 027 541 8151 for more info.



Wakefield Bush Restoration Society Inc

Are you passionate about native flora and fauna? Do you value local scenic reserves?

Join the Wakefield Bush Restoration Society (2000)

Help maintain our beautiful scenic reserves. Tasks include everything from planting and weeding to general maintenance.

We meet every 2nd Saturday of the month, or as required to help beautify our scenic reserves.

You would be most welcome to join us.

There is always a fantastic morning tea provided too.

Please contact Kerstin 022 457 6879

wakefield Craft Group

Come and join the ladies Craft Group held on Wednesday mornings in the Fire Brigade Supper Room **Pigeon Valley Road** 9.00am - 12pm

Bring any project - sewing, knitting, crochet. Learn to knit or crochet or just come for a look and join us for tea, coffee and company. Small donation

For more information phone Judy on 5418342



An enthusiastic & supportive group exchanging ideas

Wakefield Village Hall



THURSDAY 9.30 am-noon

Bring your Pencils, Paint & Pastels

\$4 donation per session

Everyone Welcome. All levels of interest

For more information checkout Wakefield Website

https://www.wakefield.org.nz Clubs & Societies

Community Directory

Rutherford Memorial Hall 658 Wakefield-Kohatu Highway, Foxhill Sue White 027 474 6324 www.lordrutherfordhall.org.nz

Higgins Heritage Park Secretary: David Win 027 631 6786 info@higginsheritagepark.co.nz

Higgins Park Community Fair David & Diane Win 544 7096 info@higginsheritagepark.co.nz

Rural Ramblers Carolyn Mason 541 9200

Spring Grove Drill Hall C Stratford 542 3992

Totaradale Golf Club Sue James 541 8030 totaradalegc@gmail.com

Wakefield Anglican Church
St Johns on the hill
Traditional Service: 9.00am
1st & 3rd Sunday of each month
The Worship Centre

Informal Service: 10.30am every Sunday Ph 541 8883 wakefieldanglican@xtra.co.nz

St Johns Worship Centre Bookings Nigel Massey 027 243 1207

Wakefield Community Library
Wendy Gibbs 541 8490
Pam Dick 541 8392
Hours - Tues 10.30 -11.30am
Friday - 2.30 - 4pm
(When library is not open book returns can be left at Hair Raisers Salon)

Wakefield Football Club (Seniors) wakefieldfootballclub@gmail.com

Waimea Plains Football Club (Juniors) waimeaplainsfootballclub@gmail.com

Wakefield Medical Centre 541 8911

> Wakefield Pharmacy 541 8418

Wakefield Playcentre Contact: 027 880 2800

Wakefield Volunteer Fire Brigade DCFO Dot Ashton 027 543 0529

Willowbank Heritage Village willowbank2002@gmail.com

Country Players (Drama) Jen Amosa 541 8139

enquiries@countryplayers.org.nz www.countryplayers.wordpress.com

> Nelson Vintage Engine & Machinery Club Allan 027 319 7427

Pinegrove Kindergarten 03 542 3447

Rural Women Diane Higgins 03 542 4388

St Joseph's Catholic Church Mass - 2nd Saturday each month Parish Priest Seth Pijfers 544 8987

Taoist Tai Chi Deb Knapp 022 083 9332

Waimea Sheepdog Trial Club Sally Powell 021 773 461 Email: sally@tcvet.co.nz

Waimea Area Quilters Kay Norgate 021 0811 4860 Marilyn Gibbs 03 541 8435 marilyn.gibbs72@gmail.com

Wakefield Book Group Mahala White - 541 8933 or Chrissy Harris - 541 9596

Wakefield Bush Restoration Soc Inc Evie South 541 8980 or 027 907 2879

> Plunket Nelson Area Office For appointments etc 539 5200

Wakefield School/ Community Swimming Pool Karyn Young 021 112 4203 Libby Thomson 027 541 8202

Target Shooting Wakefield targetshootingwakefield@gmail.com Holly Gibbons 022 406 1674

Wanderers Sports Club 027 714 6160 jimmy@wandererssports.co.nz

Wakefield Toy Library Saturday 9.30-11.30am wakefieldtoylibrary@gmail.com

Wakefield Art Group Thursdays 9.30am - 12pm Alison 541 8822 Marlborough Nelson Marine Radio Assn Adrian Mullan 021 118 4832

www.mmr.org.nz

NZ Postcard Society Inc Evie South 541 8980 or 027 907 2879

Richmond Lions - Wakefield Rep Sue Burrowes 541 9689 or 027 364 0773

Spring Grove Church of Christ Meet Sundays 10am info.springgrovechurch@gmail.com

Waimea South Historical Society Yvonne Tye 021 542 338

Wakefield Bowling Club
Phone club rooms on 541 8556
(Please leave message if
answerphone comes on).
www.wakefieldbowls.co.nz

Wakefield Brightwater Book Club Sue McAuley 544 7325 sue.mcauley@ncc.govt.nz Meets last Wed of every month

Wakefield Community Council Julian Eggers 027 771 8556 eggers213@gmail.com

> Wakefield Preschool Contact: 541 8086

Wakefield School PTA ptawakefield@gmail.com

Wakefield Tennis Club Ngaire Calder 027 279 9938 www.caldertennis.co.nz

Wakefield Village Hall Amby Cowe ambynz@hotmail.com 541 8869

Window on Wakefield Articles & Content - 541 9005 Sonia Emerson

Window on Wakefield Advertising - 541 9641 Genie & Lindsay Bradley

Wakefield School Edward Street 541 8332

Justice of the Peace Katie Greer Ph 021 547 756

AED DEFIBRILLATOR LOCATIONS - AVAILABLE 24/7

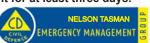
Wakefield Four Square, Wakefield Bowling Club, Wakefield Football Club, Highfield Farm, Kohatu Flat Rock Cafe, Old Tadmor Store, Dovedale Hall, 29 Moonlight Road Glenhope, Corner of Totara View Road and Kilkenny Place, Corner of Martin Ave and Lord Auckland Road, Southfuels Spring Grove, Belgrove Cafe and Bar [what was], Lake Rotoiti Fire Station, Golden Downs Golf Club, Totaradale Golf Club.

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have **specialised skills/ equipment,** and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their **responsibility to be personally prepared**. You should ensure that you have your own **survival kit** in place, and that you are able to be **fully self sufficient for at least three days.**

In the event of an emergency, for urgent public messages, tune in to: More FM 94.1, Classic Hits 89.8, Fresh FM 95.4



Make the most of your Property Sale, take advantage of my local experience, and ensure you

- Don't pay too much commission
- Pay a fee that represents value

When you choose me to sell your property, I can afford to support these local community organisations.





For an expert assessment of your property please give me a call



Wendy Pearson
Owner and
Sales Consultant
021 567 722

Sarah Robb Sales Consultant and Technology Manager 0278821994

