

window onwakefield

Community News for the Wakefield Area

by K D Langbein

In Season B of the Australian Body Building Circuit, held in October 2024, one outstanding competitor was Ashley Langbein from Wakefield. Ashley competed in two National shows with Natural Body Building Federations. (Lifetime Natural, drug tested federations).

Ashley competed in the Natural Body Building Australia Federation competition in Queensland on October 12, winning second place in the National Posing Routine and second place in the National Classic Physique Pro Division, and also earning his Pro Card.

He went on to the ICN (I Compete Natural) Amateur Classic Physique national competition in Melbourne, a week later. After winning Open Class 2, he secured his entry into the Overall Classic Physique Division, competing against all winners in Open Classes 1 and 3. He beat all other contenders, becoming Mr Classic Physique Australia 2024 and gaining his Classic Physique Pro Card.

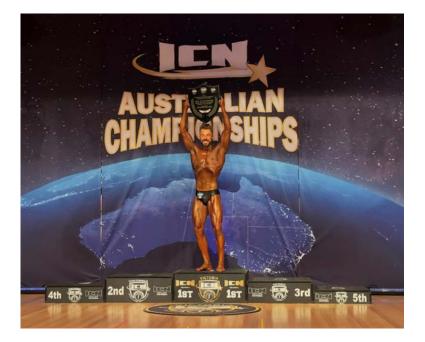
He also competed in the Pro Division - up against a 4 x World Champion he succeeded in winning second place.

Ashley has lived in Queensland since graduating from AUT with a Bachelor of Sport and Recreation and Sports Nutrition. He worked managing QUT University Aquatic and Health Club, then went on to manage a Balgravia Leisure Aquatic Centre near Brisbane. As a keen sportsman he played and coached football, taking his football team from the bottom of the ladder to winning first place in his first season of coaching. As a player he played for Wakefield Football Club and Nelson Suburbs Football.

His natural athleticism and his interest in sports nutrition led him to the Physique competition, winning the Men's Physique Queensland title in 2021 and earning his Pro Card. (All National Competitions were cancelled in 2021).

After three years off season he was able to enter the Classic division, which is a step up in both size and proportion.

Following the competition Ashley will be entering a short recovery phase to restore his hormone levels and increase body fat to a degree that supports hypertrophy (increase in size) of muscle tissue. Following this he will have an off season for a year before considering competing again in the Natural Pro Circuit.







WINDOW ON WAKEFIELD

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The Big Bake Up

by Melissa Woodhouse

Acknowledging where our funds come from is very important to us. We appreciate that without the business sponsorship and community grants we would be unable to provide the service that we do.

We have recently been successful in receiving funds from the Tasman District Council Community Grants of \$1,200 going towards our food containers, and the Network Tasman Community Grants Scheme for \$2,000 which will be going towards our marketing material.

Our thanks to UPLNZ for awarding us \$3,000 in the Cash for Communities promo run by PGG Wrightson. This was a great surprise!

We have been busy in the kitchen this month making various meals of beef lasagne, honey soy chicken noodles, tomato sausages with mashed pumpkin, and sweet potato. We also topped up our fruit crumbles in the freezer with a couple of the children helping out during the school holidays.

We enjoyed having the team from Waimea Nurseries in the kitchen and the many volunteers who show up for each cook-up because they share the same passion we do.

We are grateful to FSL Foods for donating various frozen Fruzio items for two of this month's cook-ups.



You may have noticed our new community pantry has landed in position, now stationed under the large tree in the Village Green. Signage still to come...

Thanks to the team at Silky Otter for recently supporting our movie fundraiser, we hope that all who came along enjoyed the night out. Funds raised going straight back into our meal cook-ups.

Our business sponsor for this month is the Wakefield Quarry.

if you have any questions or would like to chat, you are welcome to make contact on our email or by phone.

Follow us on facebook or Instagram www.thebigbakeup.com Email thebigbakeup@gmail.com or Phone 0272099309



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Kea Conversations

by Petros

They don't make them like they use to!

Nah, these are rubbish. Polypropylene or whatever it is. They come to bits in your beak. And the taste of them ... yuk!

My grandpa said the old British models were best. The Austins and Morrises, the Vauxhalls. You could strip round the mirrors in one pull, wipers too if you were quick. Rubber... that was the stuff - lots of flavor and chew. Good tucker, rubber, organic eh. Remember the old saddle-bags on the bikes – canvas and leather? Nothing like a bit of webbing to shred.

Yeah, it's all changed. Ever thought of leaving these snowy car-parks and moving North, like our cousins are doing?

What, the Kakas ... where're they going?

To the Capital, of course. There's this flash resort, Zealandia Paradise Park. Meals served to you every day, outings to suburban backyards, clubs to join, morning chorus ...

Mate, that's not a paradise ... that's a Retirement Village. No pie papers, no trampers' packs to plunder, no road-kill. Joining clubs! Socializing! You're dreaming, mate. Southern Men like us?

Suppose you're right. We'd die young, eh, pining for the Alps. Yeah, pining for the Alps. That'd be it.



Window On Wakefield Issue 140 November 2024

Page 3

Town and Country Vet

by Brenda Halliwell, Vet

Facial Eczema

It seems early to be thinking about Facial Eczema (FE) but it can be a problem for sheep, cattle and alpacas from as early as November, all depending on environmental conditions. It can explode quickly and cause a lot of long-term disease.

Facial Eczema is caused by the spores of a fungus, Pithomyces chartarum, which lives in the base of the pasture. Once swallowed by sheep or cattle, the spores release a toxin which can cause severe injury to the liver and bile ducts. In some animals the bile ducts may become partly or completely blocked. When this happens bile and other waste products will build up in the blood stream and as strange as it sounds this causes sensitivity to sunlight.

The fungus is very common. It is found all around the world, but nowhere does it cause such severe problems as in New Zealand.

It is always in the pasture and animals are always ingesting it in small quantities. But when temperature and moisture levels are high and soil night temperatures remain over 12-13 degrees Celsius, the conditions are right - the fungus suddenly goes on the rampage growing rapidly and producing huge amounts of toxic spores.

While spore counts of 80,000-100,000 are often spoken of as the "danger level", stock grazing pasture with 40,000 spores per gram of grass for long periods are likely to develop facial eczema.

Farmers judge a bad FE year by the number of animals with visible symptoms. But the greater concern is the number of sub-clinical cases which have liver damage without any visible outward symptoms. For example, if 5% of the flock has visible symptoms, then at least 50% of the flock will have sub-clinical FE. The long term effects on a whole flock can be significant even when there are only a few obviously affected animals.

The visible symptoms of FE are distressing: restlessness followed by shaking and rubbing heads against posts and gates, avoiding sunlight, then drooping and reddened ears and swollen eyes. These and other exposed areas develop a weeping dermatitis and scabby skin. Affected areas may become infected or fly blown.

Internally, liver damage has a huge impact on many different functions in the body - when it isn't working to full capacity, an animal will not be healthy and productive, including reduced growth in young stock and poor fertility and fecundity so more empties and more culling.





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544 1200 24 hours

Start Planning

• Learn how to collect grass samples for testing and drop them off at the clinic for spore counting – there is information about this on our website https://tcvet.co.nz/facial-eczema-spore-counts/

• Use spore counting to identify the safe paddocks on your farm.

• Buy your stocks of zinc boluses, zinc oxide or fungicide early as in bad FE seasons shortages are common and you may not be able to get supplies when you need them.

 Stay informed via the Town & Country FE Spore count web page for weekly spore counts throughout the area



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Live Well Stay Well

by Christine Godfrey

Nineteen members of the Live Well, Stay Well group visited Connings Food Market at 155 McShane Road, Appleby on 22 October on a glorious spring morning.

Well what a reception we received. Starting off with a coffee and a lovely home made biscuit we were treated to a talk by Bruce Taylor on the history of Connings and its future endeavours.

Connings has come a long way from its early beginnings over 40 years ago, as a small fresh produce store in Brightwater, to a road side stall, to its present location as Connings Food Market in Appleby, with another store in Whakatu Square in Nelson due to open 30 October. Their goal has always been to provide the community with the freshest produce at affordable prices. Produce is often harvested and onto the shop's shelves on the same day.

Our group was not only able to see what goes on in the back of the shop but were also invited to see their vegetable farm in Eden Road, from the production of seedlings, planting crops, harvesting to the packing of vegetables.

It s great to see how the whole Connings family is involved in their business, with people from the Solomon Islands also employed seasonally through the RSE Scheme. There is a no waste policy, with offcuts from the vegetables collected to be used on farms. And plastic packaging is avoided as much as possible.

If you like to know more about Connings Food Market please go to their website: https://www.connings.co.nz/ We all walked away with gifts of some nourishing produce. Thank you so much to all staff at Connings. It was a very informative morning.

Upcoming meetings:

Tuesday 5 November 2024: coffee meeting at The Villa in Wakefield, 9.45am onwards

Tuesday 19 November 2024: 10am - End of year visit to Redstone Golf Park, owned by Bo and Norman Hensley (see flyer), 334 Wai-iti Valley Road, Wakefield

Live Well Stay Well is a local health and social group that meets twice a month in Wakefield. Our goal is to keep well and healthy, by encouraging good health practices and exercise, but also by having a positive social connection with others in our community. Maybe you are new to the area, or feeling a little isolated, and would like to meet and get to know others who live locally, within a friendly environment. Or would you like to learn more about our community? Then our group could be for you.

Our group meets twice a month in Wakefield, mostly on a Tuesday morning from 9.45am to 11am. One Tuesday we will meet in a local café or a coffee and chat, and the other Tuesday we have a guest speaker focussing on health knowledge or who can help us understand and learn more about our community. This could also be a visit to a local business of interest. We aim to arrange a varied and interesting programme.

The group is run on an informal basis and there is no joining fee. However when we have a guest speaker or go out for a visit we do ask for a \$2 gold coin donation to help us cover the hire of the hall facilities and tea and coffee and/or a small gift for our speaker.

We advertise our programme in Window on Wakefield", your local news magazine, plus on the Community noticeboard in Wakefield. We also communicate what is happening each month by an email group. You are very welcome to join us. We would love to meet you!

If you would like to be on email list, please contact one of the convenors: Sandra 027 609 9202, Sonja 027 374 0500, Christine 027 677 0080 or Deborah 021 303515





Window On Wakefield Issue 140 November 2024

Waimea South Historical Society

by Yo Tye, Secretary

Our September meeting was convened by Roger Batt who had the unfortunate job of announcing that due to a sudden onset of ill health, our advertised speaker for the month, Allan Palmer, from the Nelson Vintage and Machinery Club based at Higgins Park, was not available.

However Margaret quickly came up with a 'Plan B'. The audience was divided into groups and were asked to talk about a childhood memory that would not happen in today's world. At the conclusion, each group was to nominate a person or persons, to relate their story to the group as a whole.

From Group 1 Clive Bird told of a school teacher at the 88 Valley School who banged a child's head on the desk so hard that it caused a nose bleed.

From Group 2 Lesley Bird told how they had bike riding lessons at school and that their bikes were stickered to indicate they reached a safe standard so that they could bike to school. Val Trow could remember going to the Nelson Airport where the Bristol Freighters were loaded and as kids they were lifted up into the plane to watch the process and that the Airforce water tankers were used to fill household water tanks when they ran dry.

From Group 3 Geoff Trow described how he was born in 1939 in Crickade, Wiltshire, England beside a military airfield from which Bristol Freighters, Spitfires and Dakotas towing gliders were an everyday sight. Often when the gliders returned they would crash through the hedges surrounding the airfield and lose their wings. The local children then used them as play equipment.

All children had to wear identification badges in case of disaster. They all enjoyed the chewing gum provided by the American soldiers. They also spent time talking to Spitfire Pilots who had suffered severe burns and were based in a nearby military rehabilitation hospital and, without realising it at the time, they will have provided a useful role in the soldier's recovery.

During the lead up to D-Day Geoff can remember three days of non-stop arrival of British and Canadian tanks before they were sent to Normandy in France. Geoff can also remember his mother in a very distressed state as she parted with her precious aluminium teapot and saucepan when a horse and cart collection driver arrived to collect any aluminium that could be spared in order to make new Spitfire aircraft.

Also from Group 3 Betty Wells described her rather different experience of WWII. She grew up in rural Hunterville which was on the flight path in and out of the New Zealand Military Base at Waiouru. Whilst at school the children all had to participate in air raid drills which meant lying in ditches around the bowling green. Her father, a married man with three children, had to serve overseas, so her mother had to raise the family and manage on her own which included making her own butter.

However the American Soldiers in New Zealand on R&R (rest and recreation) breaks supplied the locals with coffee which had been almost unobtainable and therefore added a little pleasure to what must have been a very difficult time.

In Group 4 Roger Batt, then in Form II, who attended Wakefield School, was asked by the Headmaster Mr Caskie one day, to take an injured Robyn Baigent to Dr Davis' house on the front bar of his bicycle after she had trodden on a nail. After her consultation with Dr Davis he returned with her to school and resumed his classes.

These stories and more were enjoyed by everybody and were followed by afternoon tea.



Homes for Wakefield

Homes for Wakefield is supportive of new housing development in our community and we have been following plan changes eagerly.

Plan Change 76 report regarding future Pitfure Road subdivision of 400+ houses by Wakefield Development Ltd. After the hearing in June 2024 a report was written and an appeal process was held.

Homes for Wakefield is looking forward to working together with TDC and input by the community at resource consent stage through public submissions.

For further information regarding the Plan Change 76 for the Pitfure Road subdivision, see website below: https://www.tasman.govt.nz/ my-council/key-documents/tasman-resource-management-plan/plan-changes/decisions-notified/change-76-growth-wakefield/

Urban Growth Plan Change 81

A landowner and homeowners' information campaign has been launched in Richmond, Wakefield, Brightwater, Motueka, Moutere, Tapawera, St Arnaud, Tophouse, Murchison, Tākaka and Golden Bay. Please loook out for information coming to you soon as this is important in the long term. For more information visit https://shape.tasman.govt.nz/urban-growth-PC81. On the website of shape. tasman.govt.nz is an interactive map, which shows the current zoning and the proposed future zones for some sites in Wakefield.

From Newsletter Habitat for Humanity Nelson 24 October 2024:

"Exciting progress is being made on the three homes built for Habitat Nelson by NMIT, that will be relocated to a section on Whitby Road, Wakefield. We have been working in partnership with the Spring Grove Church of Christ

and are aiming to have the homes ready for three families joining our Progressive Home Ownership programme in the second quarter of 2025".



Image: Concept design for Wakefield Progressive Home Ownership build project.

Sonja Lamers, Richard Martin, Sylvia Huxtable Homes for Wakefield (Subcommittee of Wakefield Community Council) homesforwakefield@gmail.com





Wakefield Community Toy Library

by Charlotte Thynne

A BIG thank-you to Liz Chandler

The Wakefield Community Toy Library held their AGM last month. At this AGM, long standing committee member Liz Chandler stepped down from active involvement in the Toy Library.

Liz has been on the Wakefield Toy Library committee for 12 years and it is thanks to her that the Toy Library is alive and flourishing today. Five years ago Liz was one of only two committee members remaining and the Toy Library in Wakefield was close to closing. Liz did not let this happen, she remained hopeful and along with Dale MacDonald convinced friends to join her on the committee; today we have more than 10 committee members and more than 20 active families enjoying our wide range of fabulous toys.

So thank you Liz for keeping the Toy Library in Wakefield alive.



For your years as a calm and capable Treasurer and for your intelligent and kind mentorship of the Toy Library as it has rebuilt. Our community is so lucky to have you, quietly getting things done and always with children, and their well-being and happiness, at the forefront.

manaaki whenua, manaaki tangata, haere whakamua

Care for the land, care for the people, go forward

Nakefield Playcentre

by Charlotte Thynne

Wakefield Playcentre held their AGM last month, a truly Playcentre affair with lots of preschoolers, school age kids arriving as the end-of-school bell went and parents juggling after school sports; luckily there was pizza for all.

At this AGM we welcomed Haley and Jenna as our co-presidents, and Marianna and Tessa as our co-treasurers. Thank you you wonderful people! These are two really important roles to fill to ensure that our Playcentre continues to thrive.

Wakefield Playcentre has a teams approach to filling positions, it means the mental load can be spread and it's just more fun working with others!

Thank you to everyone who was able to make it to the AGM and to all the parents and caregivers with children enrolled at Playcentre who bring so much to our sessions and our Centre as a whole. We are very lucky xx

Me mahi tahi tātou mo te oranga o te katoa

We should work together for the well being of everyone









Wakefield School

Totara Syndicate

Tōtara syndicate have been training for their upcoming athletics day at Saxton Oval. They have been practising sprints, shot put, long jump and high jump.

The Wakefield School Kapa Haka group performed at the Faulkner Bush Playspace opening. Thanks to everyone who came to watch and joining in with the festivities. A big thanks to Christine Ross for accoumpining on guitar and for all of her work with the Kapa Haka group.















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Wakefield Volunteer Fire Brigade

Wildfire Readiness and Prevention

The risk and impact of wildfire is increasing in Aotearoa New Zealand due to climate change, but also how and where we are living. The frequency of wildfires and number of significant wildfires are on the rise in Aotearoa New Zealand – with many happening in the shoulder months rather than the typical higher risk summer period.

Large wildfires like the 2017 Port Hills, 2019 Tasman, 2020 Lake Ohau, 2021/2022 Waiharara fires are occurring every 1-2 years, resulting in significant impact and losses. In addition, many of these significant wildfires are happening in the shoulder months rather than the typical summer period.

Key stats: Approx. 3% of wildfires cause 95% of the area burnt. 97% of wildfires are caused by people in New Zealand.

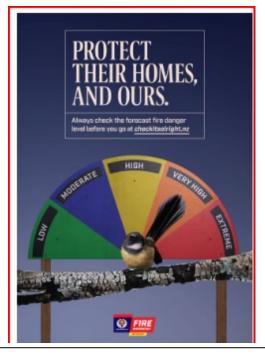
Wildfire readiness

~We will encourage rural, semi-rural, urban interface, and lifestyle property owners to prepare their properties for the coming wildfire.

- ~Low flammability planting
- ~ Reliable /accessible water supply

~keep gutters and areas around decks clear of dead leaves, debris, and pine needles.

~keep lawns well-trimmed and remove other flammable materials.



https://www.checkitsalright.nz

- Can I light a fire ? this is where you can find all the information you need in 3 easy steps.
- Do I need a permit ? You can find out in 10 minutes.
- Ensure we can find you if you need us. Clear letterbox and rapid numbers are a must.



Calls for October: Medical x 6 , Motor Vehicle crash x 3 Total Calls for the year = 199

- Our school fire-wise program is due to kick off again, so the crew will be visiting and educating our local school children. This is an invaluable resource and our team are passionate about what they do.
- We will also look at having an open day in the new year, so you can have a look around the station & trucks.

Wakefield Village Kindergarten

by Maretta Burbidge

At Wakefield Village Kindergarten we have had a busy month. One of the highlights has been our bus trip to see the Nee Naw show at Tahunanui School. After the show we went to Isel Gardens for a picnic lunch and to enjoy the park and gardens.

Another highlight has been all the learning we have been doing based around science and the many experiments we have done. Some of the experiments were most interesting and the results were not always as we predicted. We have also introduced a variety of sensory experiences, which the tamariki have enjoyed exploring.

The tamariki prepared and made their own pizzas which was very popular. They had to cut all of the ingredients then decide what they would like to add to their own pizza. Once they were cooked they ate them for lunch, and they were yummy.



We made bird feeders for the wild birds at Faulkner Bush, which we left there during one of our regular visits to check out the progress on the new playspace. We are anticipating many happy times visiting and playing on the new play ground.

We have been given a new pet at kindy, his name is Greg and he is an Apple Snail. We sit and watch him as he goes in and out of his shell and makes his way around the fish tank. The tamariki (and kaiako) find him fascinating to watch and unlike anything we have had at kindy before.





Live Well, Stay Well

Tuesday 5 November at Café The Villa in Wakefield at 9.45am

Tuesday 19 November 2024 10am End of year visit to

Redstone Golf Park

Bo and Norman Hensley

334 Wai-ti Valley Road, Wakefield Have a wander around a lovely garden with mature trees and play disc golf

Please bring cash \$10 for tea/coffee, home made muffin and disc hire for 2 discs; an extra \$4.50 for connoisseurs of coffee

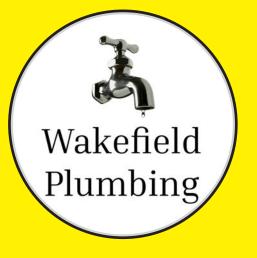
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Country Players

by Amby Cowe

A Community Theatre production by special arrangement with Broadway Licensing

Wakefield Country Players Present

Adults \$25 18 Years & under \$15 Wakefield Village Hall Evening performances 29 & 30 November and 4, 6 & 7 December Matinee 1 December

A play by Kate Hamill based on the novel by Jane Auster

bookcountryplayers@gmail.com or phone 541 9046 for tickets

Wakefield Country Players Inc present

Sense Sensibility

Sense & Sensibility A play by Kate Hamill based on the novel by Jane Austen

Friday 29 November, Saturday 30 November, Sunday (Matinee) 1 December, Wednesday 4 December, Friday 6 December and Saturday 7 December

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A playful adaptation of Jane Austen's beloved novel follows the fortunes (and misfortunes) of the Dashwood sisters—sensible Elinor and hypersensitive Marianne after their father's sudden death leaves them financially destitute and socially vulnerable. Set in gossipy late 18th-century England, with a fresh female voice, the play is full of humour, emotional depth, and bold theatricality.

When reputation is everything, how do you follow your heart?

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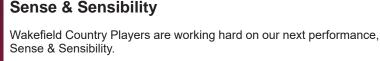
BOOKING VIA EMAIL IS OUR PREFERENCE

Please note: We do not issue tickets. Your name will be on a seating plan revealed at the door. HOW TO PAY: You will be emailed details on how to pay when you book

A Community Theatre production of by special arrangement with Broadway Licensing

Window On Wakefield Issue 140 November 2024

Page 15



Our busy cast of 15 are aged from 10 to 67! They have been putting in long hours, three evenings a week down at the Wakefield Hall. They all volunteer their time on top of school, work and other commitments, doing it for the passion of theatre and entertainment for our community and beyond.

Behind every performance lies the hard work of a dedicated team. Jen and her amazing costume team have been working tirelessly on dressing the cast in beautiful costumes, a huge thank you to them as well as Nelson Reparatory for their generous support.

Soon, our lighting and sound technicians will be rigging systems, while the props team ensures the cast has everything they need on stage. Our stage crew, who know the play inside and out, ensure that actors, sets, and props are exactly where they need to be.

A welcoming team of ushers will greet you at each performance, while bookings and promotions are carefully managed to ensure everything runs smoothly. From set designers to builders and artists, every aspect of the production is a collaborative effort. At the helm is director Hugh Neill, who not only directs but oversees the entire operation with a steady hand, ensuring that every detail comes together seamlessly.

Sense & Sensibility opens at the end of November, with evening shows at 7:30pm on 29th & 30th November, 4th, 6th and 7th December. There will be a matinée show on 1st December at 2pm.

All evening shows will be BYO food and refreshments. Adult tickets \$25, Child 18yrs and under \$15.

Email bookcountryplayers@gmail.com or phone 03 541 9046 to book.



Higgins Heritage Park Happenings

by David Win

Springtime has certainly been very busy for our teams at the Park. The Historic Transport Museum held their very popular Transport Fest with two days of great activities and displays.

We also greatly appreciate a Network Tasman grant which will enable us to provide more resilience of our security systems.

Our Pigeon Valley Steam Group are also pleased to advise we have an extra event this year - Stihl Shop Demonstrations and Steam - Up on Sunday the 1st December. There will be a good line up of products, demonstrations, activities for all, kids colouring competition, food and ice cream, jigger and traction engine rides along with the museum sheds open.



Another event with planning well underway is our 2nd January annual craft fair which is progressing well.

During the 1950's & 60's the trusty 2-cylinder put-put Braford was both a family "car" and a workhorse for many people. Between 1946 – 52, the Nelson vehicles arrived at the wharf as a cab and chassis, requiring the driver to take his own apple case to sit on to drive it to the workshop where the bodies were built. These versatile vehicles were used far and wide - on farms, carting pianos around Wellington, deliveries to stores, and by many trades people including painter and paper hanger and butcher home deliveries.

Next Park Open Days:

Sunday 17 November – Museum Sheds & Jigger rides Sunday 1 December - Stihl Shop Steam Up & Museum Sheds open Sunday 22 December - Museum Sheds & Jigger rides Thursday 2 January 2025 - Community Craft Fair, Steam Up & rides [enquiries from craft stalls welcome - info@higginsheritagepark.co.nz]

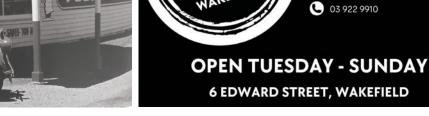
www.higginsheritagepark.co.nz Email: info@higginsheritagepark.co.nz Follow us on Facebook

anevà food store

Phone 60.235







Window On Wakefield Issue 140 November 2024

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✓ wakefield@littlesprig.co.nz

SP)





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More than 20% of Tasman's population were born overseas. People from more than 100 ethnicities live in our district. Are they actively participating in your local community? Are we gaining the benefits this diversity provides?

FREE CULTURAL CONNECTIONS WORKSHOPS -**REGISTER NOW!**

These community workshops will help you to understand local demographics, develop specific ideas for your community, access useful resources, and learn how to apply for seed funding for community events. They are open to rural support and community organisations, board members, representatives from service providers, interest groups, sports and hobby clubs, educational institutions and more.

Upcoming Cultural Connections workshops:

- Monday 11 November, 1.00 pm 4.00 pm, Wakefield St John Centre
- Online via Zoom: Thursday 31 October, 6.00 pm - 8.15 pm and Monday 4 November, 2.00 pm - 4.15 pm (call for details)

For more details and to book your space, email birte.becker-steel@tasman.govt.nz or phone 027 700 3139.





Wakefield Bowls

Wakefield Hotel sponsored Triples Winners played Wed 25th September winners: Deb Lloyd, Kris Greaney, and Di Potts





Another busy time last month, targeting the Faulkner Bush hillside, checking protectors, releasing plants etc, never enough time to get the whole area done.

Sincere thanks to the volunteers that went back during the following week too.

Our dedicated and very much appreciated pest control team, trapping over the three Scenic Reserves (Faulkner Bush Scenic Reserve, Edward Baigent Memorial Scenic Reserve and Robson's Scenic Reserve) Duncan, Sally and Diana have reported in for April 2023 to October 2024, a total of 107 pests – 24 Mice, 64 Rats, 19 Hedgehogs.

Do feel free to join us and go on our telephone tree for contact of our monthly maintenance days.

The Wakefield Bush Restoration Soc (2000) Inc Volunteer Team Contact Evie South, President, Telephone 027 907 2879 Email: tuiville@xtra.co.nz

> Have an idea for an article or something you have written that you would like to submit?

Email us at windowonwakefield@gmail.com or ring 541 9005



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November 24th 10am-2pm

COMMUNITY CASTLE COMMUNITY HAUORA DAY BLOOD PRESSURE CHECKS, CERVICAL & CARDITOVISCULAR SCREENING

SKIN CHECKS, VACCINATIONS GENERAL MEDICAL ADVICE

This year we are combining with the 'Tapawera Market' to provide a great family fun day! Any questions please contact: Kim Hurlow drkhurlow@gmail.com or Nicola Allan nicolaallan434@gmail.com



Window On Wakefield Issue 140 November 2024

GIVEAWAYS

Wakefield Health Centre





Nelson Bays Primary Health Hauora Matua ki Te Tai Aorere

Group Wellness Walk and Talk



Hi, I'm Ollie the Health Coach at Wakefield Health Centre. The sun is shining and the weather is getting warmer, so let's do something fun while socialising in a group!

When/Where:

Thursday 10.00am - 11.00am at Faulkner's Bush entrance way Commencing 21st November, this can be a weekly event if there is interest!



Come rain or shine! We can combine a mix of walking and fun exercises to improve fitness, strength & coordination, while also having a laugh and social interaction

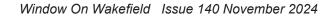
By simply incorporating more activity into your daily life and connecting with nature, you can boost your mood, reduce stress levels and maybe help give you a solution to a problem

A FREE walking group; outdoor program fostering community & connection through physical activity

This programme is suitable for individuals who can walk 30 minutes without assistance

Open to anyone registered at the Wakefield Health Centre To enrol, please contact:

Wakefield Health Centre: 03 541 8911 or Health Coach: 027 317 5879





"...for all creatures great & small..."

HOURS:

Monday 8.30 – 5.00 with Brenda consulting all day Tuesday 8.30 – 5.00 with Brenda - morning consults only Wednesday 8.30 – 12 Nurse only Thursday 8.30 – 5.00 with Paula – morning consults only Friday 8.30 – 12.00 Nurse only

Ph 541 8974

info@tcvet.co.nz * www.tcvet.co.nz Edward Street, Wakefield

Head office 35 McGlashen Avenue, Richmond

544 1200 24 hours



FAMILY OWNED & OPERATED



Goodbyes are different for everyone Waimea Menzshed built our trailer hearse from recycled rimu. This can be towed by any vehicle with a towbar. One of the many options which can make a final farewell unique. *Our family caring for your family* 03 546 5700 - 24 hours shoneandshirley.co.nz

Psst! Have You Heard?

More and more locals are choosing Ed Thynne Hearing.

"After trying hearing aids many years ago, which didn't work, I was amazed at the difference hearing aids from Ed made. Sound was rich and full without being overwhelming"

-Peter, Tasman

Visiting Wakefield Health Centre fortnightly



Call: 03 526 8221

Email: ed@edthynnehearing.co.nz Web: edthynnehearing.co.nz



Community Notices



WHAT TO DO WHEN THE POWER GOES OUT

When the power goes out, your home can feel a bit stuck — no lights, no appliances, and no Wi-Fi. With a few simple steps, you can stay safe and comfortable until everything's back on.

Know the cause of the outage by checking your Antenno App or the Wakefield Facebook page.

STAY CONNECTED

Keep your devices, power banks, and

batteries fully charged whenever possible. Invest in solar chargers or a car charger for your phone in case of an extended outage.

If you have a generator, know how to use it safely. Always operate it outdoors in a well-ventilated area to avoid carbon monoxide poisoning, keep fuel on hand to run it if necessary.

If it's safe to do so, turn off major appliances and the main power switch to avoid power surges when the electricity returns. Leave one light on so you'll know when the power is back.

If someone in your household relies

on medical equipment, have a backup power source or make a plan to stay with friends or family that

does.

THE BASICS

Keep torches, headlamps, and batterypowered lanterns easily accessible. Avoid using candles, as they can be a fire hazard.

In winter, have plenty of blankets, sleeping bags, and warm clothing available. Use layers to keep warm.

In summer, use battery-powered fans, stay hydrated, and avoid physical exertion during the hottest parts of the day.

WHAT ABOUT FOOD?

Keep your fridge and freezer doors closed as much as possible. A full freezer will stay cold for up to 48 hours, and a fridge for about 4 hours.

Use a camping stove, or portable gas cooker for hot meals. Always use them outdoors, in a well-ventilated area, and never inside your home or garage.



Wakefield & Districts

YOU'RE INVITED TO

Food and Faith at Five

SUNDAYS 10 & 24 NOV @ 5PM

FAMILIES OF ALL AGES WELCOME

WAKEFIELD WORSHIP CENTRE 120 EDWARD ST, WAKEFIELD



A simple format: dinner with a chance to build friendships and go deeper with questions of faith. All are welcome.

FOR MORE INFO: PHIL GREENWOOD, PHILG.STBARNABAS@XTRA.CO.NZ

WAKEFIELD COMMUNITY COUNCIL

Next Meeting

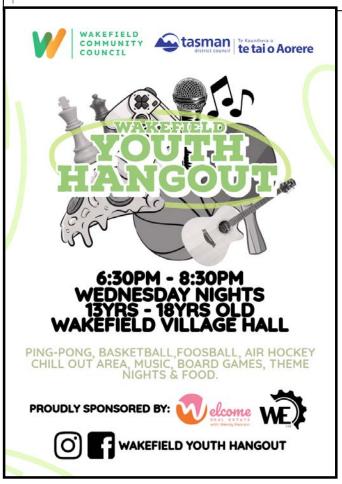
Monday 18 November 7.00pm Wakefield Village Hall

All are welcome

Can we celebrate your special event or help remember someone dear to you?

Please send your obituaries, birth announcements, wedding stories, other important notices to us at

windowonwakefield@gmail.com or ring 541 9005



Community Classifieds

	I	
WAKEFIELD TOY LIBRARY	3 1 1 1	
As we settle back into the Old Library	3 x Charolais Fresian X 1 x Mixed breed beef X Quiet, well grown, electric fence trained.	Spring Grove Church of Christ
building opposite the school on Edward Street,	Ph Alison 0211680324	Main Road, Spring Grove
we want to remind everyone that we are always interested to hear about what toys you think	FOR SALEOctoberDolls, dolls clothes, knitted and sewn.	Worship and Communion Sundays 10am
we should add to our collection.	Will also make outfits for your daughters dolls out of her favourite clothes eg jeans,	You are welcome to attend
You can share your ideas by emailing us on	frocks and t-shirts.	"Christ sets you
wakefieldtoylibrary@gmail.com or pop in and see us	Phone Judy on 541 8342 or 027 327 5373	free from sin"
during our opening hours,	FOR SALE November Mens red bicycle	"v1. So now there is no condemnation
Saturday 10:00am-11:00am and Mondays 3:15pm-4:30pm.	Avanti 29" - 21 gears, never used Phone Graham 03 541 8363	for those who belong to Christ Jesus.
The Wakefield Community Toy Library is for everyone!		v2. And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin

WAKEFIELD ANGLICAN COMMUNITY LUNCHES

The monthly Community Lunches held in the Worship Centre, will be on the 3rd Thursday of each month at 12 noon, from February until November.

Welcome to any who would like to attend and enjoy a meal and fellowship.

To assist with catering it would be helpful if those wanting to attend can phone Liz Massey 021 1850 168 the previous Monday. Otherwise, just turn up.

Lunch date this month: November 21

Wakefield Craft Group

Come and join the ladies Craft Group held on Wednesday mornings in the Fire Brigade Supper Room **Pigeon Valley Road** 9.00am - 12pm

Bring any project - sewing, knitting, crochet. Learn to knit or crochet or just come for a look and join us for tea, coffee and company. **Small donation**

For more information phone Judy on 5418342

that leads to death"

Romans ch 8 vs 1&2 NLT





An enthusiastic & supportive group exchanging ideas

Wakefield Village Hall



THURSDAY 9.30 am-noon

Bring your Pencils, Paint & Pastels

\$4 donation per session

Everyone Welcome. All levels of interest

For more information checkout Wakefield Website https://www.wakefield.org.nz Clubs & Societies

Community Directory

Rutherford Memorial Hall 658 Wakefield-Kohatu Highway, Foxhill Sue White 027 474 6324 www.lordrutherfordhall.org.nz

Higgins Heritage Park Secretary: David Win 027 631 6786 info@higginsheritagepark.co.nz

Higgins Park Community Fair David & Diane Win 544 7096 info@higginsheritagepark.co.nz

> **Spring Grove Drill Hall** C Stratford 542 3992

Totaradale Golf Club Sue James 541 8030 totaradalegc@gmail.com

Wakefield Anglican Church St Johns on the hill Traditional Service: 9.00am 1st Sunday of each month The Worship Centre Service: 10.30am every Sunday Food & Faith: 5.00pm every 2nd & 4th Sunday Ph 541 8883 wakefieldanglican@xtra.co.nz

St Johns Worship Centre Bookings Nigel Massey 027 243 1207

Wakefield Community Library Wendy Gibbs 541 8490 Pam Dick 541 8392 Hours - Tues 10.30 -11.30am Friday - 2.30 - 4pm (When library is not open book returns can be left at Hair Raisers Salon)

Wakefield Football Club (Seniors) wakefieldfootballclub@gmail.com

Waimea Plains Football Club (Juniors) waimeaplainsfootballclub@gmail.com

> Wakefield Health Centre 541 8911

Wakefield Pharmacy 541 8418

Wakefield Playcentre 541 7097

Wakefield Volunteer Fire Brigade CFO Wattie Mortimer 022 492 8841 DCFO Dot Ashton 027 543 0529

Willowbank Heritage Village willowbank2002@gmail.com

Country Players (Drama) Jen Ámosa 541`8139 enquiries@countryplayers.org.nz www.countryplayers.wordpress.com

> Nelson Vintage Engine & Machinery Club Allan 027 319 7427

Pinegrove Kindergarten 03 542 3447

Rural Women Diane Higgins 03 542 4388

St Joseph's Catholic Church Mass - 2nd Saturday each month Parish Priest Seth Pijfers 544 8987

Waimea Sheepdog Trial Club Sally Powell 021 773 461 Email: sally@tcvet.co.nz

Waimea Area Quilters Kay Norgate 021 0811 4860 Marilyn Gibbs 03 541 8435 marilyncolingibbs@gmail.com

Wakefield Book Group Mahala White - 541 8933 or Chrissy Harris - 541 9596

Wakefield Bush Restoration Soc Inc Evie South 541 8980 or 027 907 2879

> **Plunket Nelson Area Office** For appointments etc 539 5200

Wakefield School/ Community Swimming Pool C/- Wakefield School

Target Shooting Wakefield targetshootingwakefield@gmail.com Holly Gibbons 022 406 1674

Wanderers Sports Club 027 714 6160 jimmy@wandererssports.co.nz

Wakefield Toy Library Saturday 9.30-11.30am wakefieldtoylibrary@gmail.com

Wakefield Art Group Thursdays 9.30am - 12pm Alison 541 8822

Marlborough Nelson Marine Radio Assn Adrian Mullan 021 118 4832 www.mmr.org.nz

NZ Postcard Society Inc Evie South 541 8980 or 027 907 2879

Spring Grove Church of Christ Meet Sundays 10am info.springgrovechurch@gmail.com

Waimea South Historical Society Yvonne Tye 021 542 338

Wakefield Bowling Club Phone club rooms on 541 8556 (Please leave message if answerphone comes on). www.wakefieldbowls.co.nz

Wakefield Brightwater Book Club Sue McAuley 544 7325 sue.mcauley@ncc.govt.nz Meets last Wed of every month

Wakefield Community Council Julian Eggers 027 771 8556 eggers213@gmail.com

Wakefield Village Kindergarten 20 Whitby Way Phone 021 0227 1762

or 03 5418086

Wakefield School PTC ptawakefield@gmail.com

Wakefield Tennis Club Ngaire Calder 027 279 9938 www.caldertennis.co.nz

Wakefield Village Hall Amby Cowe ambynz@hotmail.com 541 8869

Window on Wakefield Articles & Content - 541 9005 Sonia Emerson

Window on Wakefield Advertising - 541 9641 Genie & Lindsay Bradley

Wakefield School Edward Street 541 8332

Justice of the Peace Katie Greer Ph 021 547 756

AED DEFIBRILLATOR LOCATIONS - AVAILABLE 24/7

Wakefield Four Square, Wakefield Bowling Club, Wakefield Football Club, Highfield Farm, Kohatu Flat Rock Cafe, Old Tadmor Store, Dovedale Hall, 29 Moonlight Road Glenhope, Corner of Totara View Road and Kilkenny Place, Corner of Martin Ave and Lord Auckland Road, Southfuels Spring Grove, Belgrove Cafe and Bar [what was], Lake Rotoiti Fire Station, Golden Downs Golf Club, Totaradale Golf Club.

CIVIL DEFENCE - WAKEFIELD AREA COMMUNITY RESPONSE

In the event of an emergency, your first task is to ensure the safety of your own home, family and neighbours. Once you have attended to this, if you have specialised skills/ equipment, and/or feel you can assist others; or require assistance yourself, please make your way to the Welfare Centre which will be at the St Johns Worship Centre in Edward Street [unless notified otherwise].

Please note that the existence of a Welfare Centre does not absolve each individual from their responsibility to be personally prepared. You should ensure that you have your own survival kit in place, and that you are able to be fully self sufficient for at least three days.

In the event of an emergency, for urgent public messages, tune in to: More FM 94.1, Classic Hits 89.8, Fresh FM 95.4

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